

## Message from Susan Patick

Written by Administrator

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Like others with Lupus, I am excited about the recent medical advances related to the treatment of this very difficult disease. In addition to using medical treatments, I also believe in the importance of using non-medical treatments, such as exercise, nutrition, and stress reduction to help manage Lupus symptoms. I believe that these non-medical treatments actually complement, and support, medical treatments for Lupus.

I am doing research for my Master's thesis on self-confidence related to managing Lupus symptoms; stress related to having Lupus; and non-medical treatments that benefit individuals living with Lupus. I am looking for participants to take a 15-minute online survey. Participants must have either a diagnosis of Lupus or a tentative diagnosis of Lupus. Also, in order to satisfy my school's protocol, participants must be between 18 - 64 years of age.

This survey is voluntary, and you are under no obligation to participate in this research. If you decide to participate, I want you to know that the survey does not collect any personally identifiable information. All information you provide will be anonymous and will remain completely confidential.

If you are interested in participating in this research, please click this link for more information:

[Click Here For Survey](#)

This survey will be available through October 11, 2011.